

the ROTATION

fall 2019

The Office of Experiential Education's Preceptor Newsletter



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TEXAS A&M UNIVERSITY
Irma Lerma Rangel
College of Pharmacy

APPE REGIONAL CORNER

The Irma Lerma Rangel College of Pharmacy fourth-year students have an opportunity to rank six Advanced Pharmacy Practice Experience (APPE) regions. The P4 students complete four core rotations (Community, Health System, General Medicine, and Ambulatory Care) and two or more elective rotations in their respective regions. Two of our students have taken time to share some insights about their APPE experiences.



RIO GRANDE VALLEY REGION
Joshua Peregrino
4th Year Professional Pharmacy Student, Class of 2020

"Pharmacy school has been an extremely challenging journey, but my fourth year has provided me an early reward for all my hard work. I am currently in the South Texas Region, and with only a week from finishing my 3rd rotation, I have already had some of my most gratifying experiences in the whole program.

During my General Medicine rotation at Doctors Hospital at Renaissance in Edinburg, I received a fulfilling hospital experience thanks to a staff that sincerely caters to its students. My preceptor, Dr. Daniela Bazan, challenged and supported me perfectly as I transitioned from the classroom. Hospitality is seen from every one of their preceptors, as well as the residents and attending physicians, as all seemed to value my input. The facility takes in many students from multiple schools, which provided me with great community and support within my own peers.

My Ambulatory Care experience with the VA has also been greatly satisfying as I was given the opportunity to "serve those who have served." In McAllen, I made medication adjustments for veterans and immediately saw the positive impacts. Further, I watched my preceptor, Dr. Rose Silva-Rodriguez, listen to and empathize with the veterans, allowing a foundation of patient-pro-vider relationships that felt just as important as their medication therapies. Dr. Silva-Rodriguez's bond with her veterans has given me high standards I wish to achieve with my future patients.

South Texas's heavily Hispanic population has shown me the effect of culture on the region's overall health. Being Filipino and from a prominently Cajun Southeast Texas, I understand the significance of food culture. My experience here has allowed me to find ways to bridge gaps between traditional eating habits and healthier lifestyles, which I can utilize wherever my practice brings me, as well as in my own home.

Overall, my APPE rotations in South Texas have been very enjoyable. I absolutely credit these rotations for giving me confidence in my clinical knowledge I thought I lacked coming out of my P3 year, and I am excited to continue my growth into a well-rounded, future pharmacist."



ROUND ROCK REGION
Briana Ruiz
4th Year Professional Pharmacy Student, Class of 2020

"As a fourth-year student pharmacist, I have been given the opportunity to experience the "real world" in some of the most exceptional Advanced Pharmacy Practice Experience (APPE) sites that the Round Rock region has to offer. Just recently, two of my APPE sites, Ascension Seton Williamson and Encompass Health Rehabilitation Hospital of Round Rock, were featured in the U.S. News & World Report as two of the best hospitals in the region. This is just one of the many reasons I'm grateful to be interning here.

To this point, I have completed three core rotations: Health System at Encompass Health Rehabilitation Hospital of Round Rock, Community at Baylor Scott & White Clinic - Georgetown, and General Medicine at Ascension Seton Williamson. Currently, I am completing my first elective rotation, Medication Therapy Management, also located at Ascension Seton Williamson. Although two of my rotations are located at the same site, each rotation has provided me with unique experiences and offered its own set of challenges, allowing me to continually grow with each advancing rotation. The one constant throughout these rotations has been my ability to easily access and collaborate with a wide variety of health professionals, including pharmacists, pharmacy residents, pharmacy technicians, physicians, physician assistants, nurse practitioners, nurses, occupational therapists, physical therapists, dietitians, and more. This has allowed me to develop interprofessional relationships focused on patient needs and providing the best care possible, which is the essence of healthcare.

While I still have two rotations ahead of me, everything I have been able to experience thus far has been invaluable. After working so hard for three didactic years, it's nice being able to see all the knowledge gathered culminate in the form of patient satisfaction through contemporary clinical practice."

PRECEPTING PEARLS



Lynde M. Buras, R.Ph., Walgreens

As a pharmacist in the community setting, I take great pride in serving as a preceptor and view my role as integral and vital to the success of the Rangel College of Pharmacy. Effective preceptors are able to take students' didactic learning and make it meaningful within the real world. Being successful as a preceptor is a

rewarding experience for the student, but the practice site, and the patient base being served. At their full potential, students can improve the patient experience as well as the overall healthcare outcomes of the population. Most preceptors are practicing in hectic work environments, which can make the task of student experiential education challenging. Learning to focus on three critical areas can help reinforce the reciprocal relationship between the intern and the preceptor.

Orient Students On the first day of their internship, it is important to take the time to welcome students and introduce them to staff and members of leadership. As part of your initial planning, make sure pharmacy staff are aware of the date and time students will arrive. Delegate to another staff pharmacist or senior level technician the task of carving out uninterrupted time for you to spend with the interns. This initial integration into the pharmacy is pivotal to the success of the students' learning and development as it sets the tone for their entire training/rotation. During this time, you can orient them to the layout of your specific practice site and cover any special services that are offered as well as any special populations who are served. Additionally, ask questions to your students. Learn the expectations they have and the goals they want to achieve. By listening to the intern, the preceptor can uncover their strengths and weaknesses which will facilitate their learning experience. In return, you can explain their role in the day to day operations and clearly define expectations as their preceptor.

Give Feedback and Ask for Feedback For students to learn and grow, feedback is an essential part of their IPPE or APPE rotation. It's always important to be real and candid with students. If other preceptors are on site during the students' rotation, delegate part of this task to them. Students will benefit hearing evaluations from different view points as they grow and mature professionally. Find the time to give positive "shout outs" to students. Whether it be during planned evaluation time or during the daily pharmacy meeting, giving them positive recognition goes a long way in building their self esteem. To learn and grow as a preceptor, ask for their insight and feedback concerning the practice site. Students can infuse positive energy with their current knowledge, skills, and insights. At the end of their rotation, take the time to thank them and to celebrate the service they have provided at your site.

Seek for New Ways to Engage Students Even seasoned preceptors have to look for new ways to engage students in order to stimulate life-long learning. Current students come to us with diverse

backgrounds as well as varied pharmacy experiences. The Office of Experiential Education serves as an excellent resource. They are always eager to connect and help you promote effective learning. If you are seeking live seminars, the College of Pharmacy offers continuing education at preceptor events throughout the year. Professional societies, such as the Texas Pharmacy Association, offer on line courses including preceptor continuing education at their annual conference. Fellow preceptors also serve as good connections for site specific training. Think outside the box and look for activities you can implement that are beneficial for students and patients at your practice site.

Never underestimate the value you bring to the education of the pharmacy intern. Students rely heavily on preceptors as they strive to form the foundation of their knowledge and develop the esteemed values associated with the profession.



Derek Harvick, PharmD, CHI St. Joseph Health

Maximizing Your Student's Potential

Students are like seeds, a nucleus of energy and potential enclosed by an outer covering of cognitive biases and inexperience. And we all know, it's unreasonable to toss seeds onto a sidewalk and expect them to flourish; they need soil, water, and sunlight.

Soil: A Safe, Encouraging Environment

Students thrive best in an environment where it's safe—where mistakes are perceived as opportunities to learn, not as a knock to their already fragile armor of confidence. This shouldn't be confused with an environment that is easy or free of correction. Rather, should be encouraged to extend themselves to the limits of their knowledge and capabilities without fear of undue vulnerability.

Water: Resources and Expectations

Articulating your expectations and available resources for the rotation can help define the framework from which the student will achieve their measures of success. It's illogical to hold students accountable to an undefined standard, much as it is unreasonable to expect attainment of an undefined goal. Day 1 of the rotation is the perfect time to set the tone by defining the tools and goals.

Sunlight: A Passion to Pursue

Many students have a passion that is not directly or obviously linked to the rotation experience. Finding a way to connect the student's experience to an area of interest often ignites intrinsic motivation and engagement. It also promotes open-mindedness with regards to the student's career growth and pursuit. This may not always be possible. But, the rotation can become an opportunity to create new interests.

HISTORY OF WHITE COAT CEREMONY



CLASS OF 2022-Kingsville, Texas

The White Coat Ceremony is a meaningful tradition that signifies a student's transition into the clinical years of the pharmacy program. During the ceremony, students who have completed the first year of the program are donned in a white coat, a recognized symbol of clinical service and patient care. Students also recite the Pledge of Professionalism to publicly acknowledge their willingness to meet the professional expectations established by the pharmacy community. The White Coat Ceremony, as it is known today, first began at the Columbia University College of Physicians and Surgeons and has been adopted by numerous colleges and schools involved in educating and training students interested in a wide range of health and medical related professions. The Texas A&M Rangel College of Pharmacy held its first White Coat Ceremony in 2007, and the tradition continues today.



CLASS OF 2022- College Station, Texas

IMPORTANT Information

2019-2020 STUDENT DATES

Fall 2019 705/706 IPPE Calendar

Friday, 10/04 - Site Visit 8
Friday, 10/11 - Site Visit 9
Friday, 10/18 - Site Visit 10
Friday, 10/25 - Site Visit 11
Friday, 11/01 - Site Visit 12
Friday, 11/08 - Site Visit 13
Friday, 11/15 - Make-up Day
Friday, 11/22 - Make-up Day

APPE

Rotation 4 09/23/19 - 11/01/19
Rotation 5 11/04/19 - 12/13/19
Rotation 6 01/06/20 - 02/14/20
Rotation 7 02/17/20 - 03/27/20
Rotation 8 03/30/20 - 05/08/20

UPCOMING EVENT

American Society of Health-System Pharmacists-ASHP 2019

Date: 08 Dec - 12 Dec Place: Las Vegas, Nevada

PRECEPTOR
QUICK LINKS



Preceptors, please scan the QR code to receive the 2020-2021 availability form...

For more information or web links to these virtual forms, please contact COP-Preceptors@tamhsc.edu.

Please complete at your earliest convenience.



CONTINUING & PROFESSIONAL EDUCATION

Two *NEW* CE Courses available. Click on the link below for details.

❖ click: [CONTINUING EDUCATION FOR PRECEPTORS](#) or type <https://pharmacy.tamhsc.edu/preceptors> in your web browser address bar.



The Role of Pharmacist in the Opioid Crisis and Ways Preceptors can...

This dual-credit course meets the requirements for 1.5 hours of preceptor CE as well as 1 hour of opioid abuse training. Participants will receive a total of 1.5 hours CE credit upon completion of the course.



Difficult, Disengaged, and Maybe They Think We're Dinosaurs

Preceptors will gain insight on ways to communicate more effectively with difficult students and learn how to integrate motivation strategies into educational practices when mentoring disengaged...

2019 LEGISLATIVE UPDATE

E. Paul Holder, RPh, MS, PharmD, FTSHP,
Instructional Associate Professor

The 2019 Texas Legislative session was one of the busiest and most successful for the passage of pharmacy bills. The information below provides a brief synopsis of the majority of the pharmacy-related bills that passed the legislature and were signed by Gov. Abbott. Bills can be read in their entirety by following the link to Texas Legislature Online and entering the bill number - <https://capitol.texas.gov/>

HB 1518 modifies Chapter 488 of the Texas Health and Safety Code and prohibits the dispensing, distribution, or sale of dextromethorphan to anyone under the age of 18. It does not require specific record keeping or storage of dextromethorphan in a specific location but does require the buyer to display a driver's license or other form of ID containing a photo of the buyer and proof of age.

HB 1899 requires immediate revocation of a license or denial of an application for anyone required to register as a sex offender, anyone convicted or placed on deferred adjudication for commission of a felony, anyone convicted of sexual assault or aggravated assault, or anyone convicted of injury to a child, elderly or disabled individual, even if offense was in another state.

HB 2059 requires pharmacists, beginning 9/1/2020, to complete training on identifying and assisting victims of human trafficking.

HB 2243 amends the Texas Education Code to allow a pharmacist to dispense an epinephrine auto-injector or asthma medication to a school without requiring the name or any other identification related to the user. Certain policies and restrictions apply.

HB 2174 modifies the Texas Controlled Substances Act to require electronic prescribing for all CS, with some exceptions. It sets a 10-day limit for prescribing for acute pain and defines acute pain. It removes the requirement for the quantity prescribed to be provided both in numeric and written form. TSBP will establish rules for multiple C-II prescriptions. It does not apply to opioids for addiction treatment. Effective 1/1/2021.

HB 3285 requires prescribers and dispensers of opioids to attend 1 hour of CE annually on alternative and multi-modal approaches to pain management. Requirement expires 8/31/2023.

SB 1056 amends the Pharmacy Act to allow MDs to delegate drug therapy management to pharmacists under protocol in retail and clinical settings. It does not include delegation to sign prescription in a retail setting.

HB 2425 adds Federally Qualified Health Clinics (FQHC) to the list of practice sites where pharmacists can perform Medication Management, including signing prescription under physician protocol.

HB 1757 adds pharmacists to the list of practitioners in the Texas Insurance Code. This allows patients to choose a pharmacist to provide services within the scope of their license. It does not require an insurance company to contract with a pharmacist but allows them to if desired.

HB 3431 prohibits health benefit plans from denying reimbursement to a pharmacist for services within the scope of their practice if same services would be provided by MD, RN, or PA. It does not mandate reimbursement of a pharmacist as an in-network provider.

HB 3284 brings numerous changes to PMP. It creates a PMP Advisory Committee with a pain management physician, psychiatrist, oral surgeon, PA or APRN, chain pharmacist, independent pharmacist, academic pharmacist, and two health technology industry representatives. It adds the patient right to see their prescription history. It prohibits law enforcement from accessing PMP without a subpoena. It delays mandatory prescriber/RPh look-up until March 1, 2020. It does not eliminate the requirement to look-up information on refills.

HB 1264 removes the sunset date that would have eliminated the requirement for a RPh to notify of a biosimilar interchange. It still requires entering the interchange into the interoperable EMR of the pharmacy system.

SB 683 requires a "Zero" report if a pharmacy dispenses no CS in a 30-day period. It allows pharmacy interns and techs to access PMP. It allows MDs to view PMP for prescriptions written by delegates. Wholesalers must report all CS

HB 2088 requires a RPh dispensing a C-II to provide written notice as to how and where to dispose of CS properly.



AWARDS 2019

FACULTY PRECEPTOR of the Year

The Faculty Preceptor of the Year Award is given to a faculty preceptor who has demonstrated high standards of professionalism, mentorship of students and clinical practice.

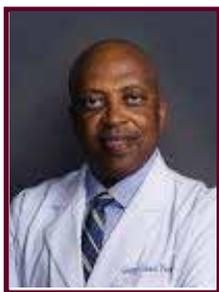


Sandy Diec, PharmD

Clinical Assistant Professor of Pharmacy Practice
Baylor Scott & White Medical Center
Temple, TX

PRECEPTOR of the Year

The Preceptor of the Year Award is selected by the students of the graduating class. It recognizes the preceptor who enthusiastically relates information to students, respects students, promotes their critical thinking, and inspires them in their abilities to achieve extraordinary accomplishments.



George Udeani, PharmD

Clinical Pharmacy Manager, Residency Program Director
HealthTrust Supply Chain
Corpus Christi Medical Center
Corpus Christi, Texas

OUTSTANDING EARLY CAREER Alumni Award

The Outstanding Early Career Alumni Award is designed to honor graduates who are 15 years or less post-graduation. The awards seeks to recognize former students that have made significant contributions to their career, public service and/or volunteer activities, and possess the highest standard of integrity and character which bring honor to the Rangel College of Pharmacy.



Adrian Sandoval, PharmD, BCPS, BCACP

Assistant Professor and Director of Basic and Clinical
Pharmacology, Department of Family and Community Medicine
University of Texas Rio Grande Valley
Edinburg, Texas



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