

ATM  
COLLEGE OF MEDICINE  
RANGEL COLLEGE OF PHARMACY

ISMAELMA RANGEL  
COLLEGE OF PHARMACY

the

# ROTATION

The Office of Experiential Education's Preceptor Newsletter

fall-winter 2020



## IN THIS ISSUE

- 2** APPE Regional Corner    **3** Precepting Pearls    **4** Residency Showcase    **6** Important Dates    **7** Awards

# APPE REGIONAL CORNER

Fourth professional year (P4) students at the Irma Lerma Rangel College of Pharmacy are provided an opportunity to rank six Advanced Pharmacy Practice Experience (APPE) regions. P4 students complete four core rotations (Community, Health System, General Medicine, and Ambulatory Care) and two or more elective rotations in their respective regions.



**HOUSTON REGION**  
**Ashmal Ali**  
**4th Year Professional Pharmacy Student, Class of 2021**

During my APPE rotations, I was privileged to be accepted into the Houston Methodist West (HMW) LAPPE program. While at HMW, I have had the unique opportunity to work closely with not only the clinical pharmacists, but also with physicians, nurses, and other healthcare professionals. Being located within the Houston region has truly allowed me to understand how the various specialties of pharmacy provide an everlasting impact on patient care.

Thus far, I have completed my internal medicine, emergency medicine, and critical care rotations at HMW. Each of these rotations have been unique and allowed me to adapt to different learning styles and varying patient populations. Throughout my rotations, I have sharpened my patient presentation skills, been able to provide the pharmacy staff with in-service presentations, and have meaningful interactions with other professionals to positively impact the overall quality of patient care. Currently, I am on my infectious disease rotation where I have focused primarily on antibiotic stewardship and the de-escalation of antibiotic therapy. This rotation has been unique because I have been able to interact with physicians not only in an inpatient setting, but also within a private, wound care clinic. Finally, I hope to finish off strong with advanced hospital rotation, where I will be able to gain a better understanding of the pharmacy's workflow and how each team member contributes to the bigger picture.

Although I still have several rotations ahead of me, I look forward to the challenges they will bring and the invaluable experiences I will gain. I hope to take this time to continue working on my professional and clinical skills while applying the didactic curriculum to practice!



**TEMPLE REGION**  
**Peter Martin**  
**4th Year Professional Pharmacy Student, Class of 2021**

The late Egyptian Nobel Laureate, Naguib Mahfouz once said, "If you want to move people, you look for a point of sensitivity . . ." Our health and how we deliver health care to people are our points of sensitivity. The main reason why I chose to pursue a second career as a pharmacist is to touch peoples' lives beyond just being drug experts and to empathize with them by providing direct patient care services through medication assistance programs and medication therapy management.

The fourth year of APPEs is the culmination of three hard years of didactic learning and personal sacrifice. P4 is our yearlong capstone. There is no better place to feel the satisfaction of how far we have come since our infant years as P1 students than at Baylor, Scott & White Medical Center in Temple, Texas. The medical center is a 634-bed, trauma level-1 teaching hospital in rural Bell county with strong ties with Texas A&M. Any unique APPE experience ranging from transplant, pediatrics to specialty pharmacy can be forged here in the beautiful city of Temple without fighting the rush hour traffic of a major city like Dallas or Houston. There are many friendly faces when rotating through BSW medical center, such as Dr. Charlotte Farris, who completed her PGY1 at BSW and Dr. Sandy Diec. You will see your classmates and upper classmates during your time in Temple. The pride, support and joy you feel for your fellow classmates grows with every journal club presentation or when one of your own becomes a PGY1 resident at Baylor Scott and White. One of the recurring themes you will notice as you move from rotation to rotation is the loyalty of the staff who have commuted from Austin to Temple for over ten years, the camaraderie among all the staff members, and the genuine and earnest interest in each and every student that walks through the doors of Baylor, Scott & White Medical Center in search of delivering that point of sensitivity, which is compassionate health care to all.

# PRECEPTING PEARLS



**Rene Verduzco,**  
PharmD, BCPS  
Clinical Assistant Professor of  
Pharmacy Practice

## Using SBAR to improve student's confidence in making recommendations

As pharmacy preceptors we often focus on growing hard skills of the pharmacy interns on our rotations, such as clinical knowledge. But often, it's the soft skills, like communication, that require the most mentoring. The ability to effectively communicate and deliver information is an important component for what we do as pharmacists. Whether you are a retail pharmacist or working in the acute care setting, the confidence and ability to communicate recommendations to other healthcare providers is the backbone of our profession. For pharmacy learners, this task of communicating with other healthcare providers can be daunting and time consuming.

So how can we help our learners improve their confidence in making recommendations?

### SBAR.

SBAR was initially developed by the United States military for communication on nuclear submarines, when clear and concise communication was needed in high stress situations. The JOINT COMMISSION recommends SBAR as a tool to improve the effectiveness and standardization of communication between individuals.

For Pharmacy interns, this tool can help organize thoughts and give students structure to make recommendations.

Here are the key components:

**Situation-** Introduce yourself. Clearly and briefly, define the situation. What concern made you contact the provider at this time?

**Background-** Provide clear, relevant background information that relates to the situation. What is the clinical background or context of the call?

**Assessment-** What assessment findings led you to believe there was a problem? What is your professional conclusion?

**Recommendation-** What would you recommend? Or what exactly is needed from the individual that you are communicating to.

TIPs for student's implementation:

- Give the student time to research and organize thoughts on paper.
- Students should first write down their thoughts using this chart:

S	
B	
A	
R	

- Remind students to keep out the "fluff" and only include relevant information.
- Recommendations, especially about changing drug therapy, should include a drug, dose, route and frequency.
- Students should practice verbalizing their recommendations with you.

Berger, Michael. "To Communicate Concerns, Use the SBAR Method." Pharmacy Times, 2015, [www.pharmacytimes.com/contributor/michael-berger-pharmd-bcps/2015/09/to-communicate-concerns-use-the-sbar-method](http://www.pharmacytimes.com/contributor/michael-berger-pharmd-bcps/2015/09/to-communicate-concerns-use-the-sbar-method).

"SBAR a Powerful Tool to Help Improve Communication." The Joint Commission, 2013, [www.jointcommission.org/resources/news-and-multimedia/blogs/at-home-with-the-joint-commission/2013/11/sbar--a-powerful-tool-to-help-improve-communication/](http://www.jointcommission.org/resources/news-and-multimedia/blogs/at-home-with-the-joint-commission/2013/11/sbar--a-powerful-tool-to-help-improve-communication/).

# Virtual Residency Showcase

October 22, 2020

The Texas A&M Rangel College of Pharmacy held its 4th Annual Residency Showcase on Thursday, October 22nd from 1:00pm to 4:00pm. With the COVID-19 Pandemic, the College adapted and transitioned our showcase to a fully online virtual showcase using Zoom® as a platform. To simulate an in-person showcase, each interested program was granted a “Breakout Room” and students were allowed to transition in-between rooms freely. This allowed students to speak with any and all programs they were interested without restricting their movement and without time limits.

The College invited a wide array of residency programs, Texas A&M P3 and P4 students, and pharmacy students from other Texas pharmacy programs. We had a successful showcase with 22 programs, 52 Texas A&M students, and 106 guest students.

## For More Information Please Contact:

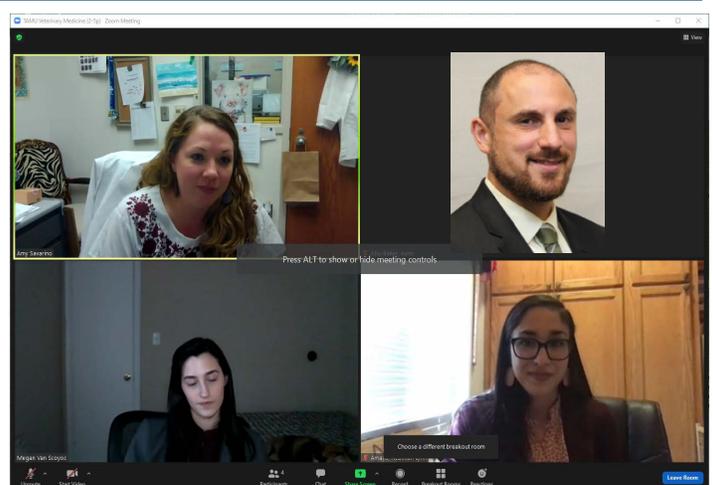
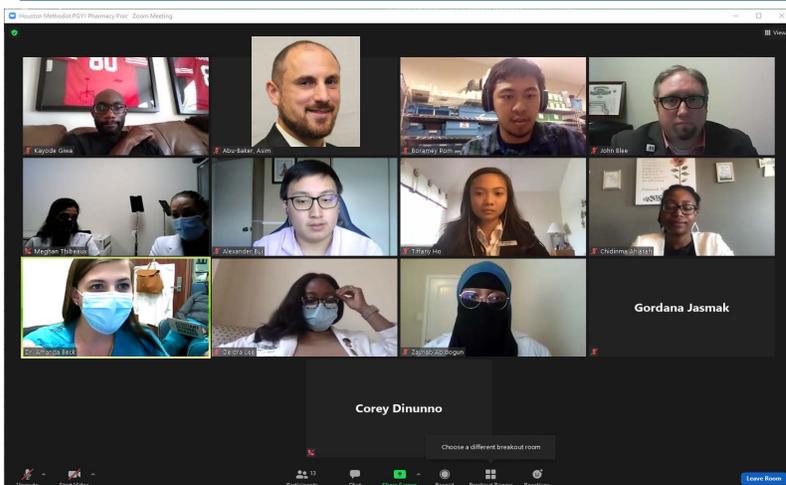
### Current PGY1 Residents

- Chloe Ahn, PharmD ([bumhee.ahn@cigna.com](mailto:bumhee.ahn@cigna.com))
- Sarah Laxa, PharmD ([sarahlouisesuerte.laxa@cigna.com](mailto:sarahlouisesuerte.laxa@cigna.com))

### Residency Program

- [Pharmacyresidency@careallies.com](mailto:Pharmacyresidency@careallies.com)

CareAllies



**DHR Health**  
Pharmacy Residency Programs

<https://www.dhrhealth.com/education/pharmacy-residency-program>

**TEXAS A&M UNIVERSITY**  
**Irma Lerma Rangel**  
College of Pharmacy

**PROGRAM CONTACT INFORMATION**

Rene Verduzco Jr. Pharm.D., BCPS  
r.verduzco@dhr-rgv.com  
Residency Program Director

Daniela Bazan Pharm.D., BCPS  
d.bazan@dhr-rgv.com  
Residency Program Coordinator

**Track A**

PGY1 ASHP Code: 74077  
NMS Code: 246213

Accredited

Email:  
[rVerduzco@dhr-rgv.com](mailto:rVerduzco@dhr-rgv.com)  
[d.bazan@dhr-rgv.com](mailto:d.bazan@dhr-rgv.com)

**Track B**

PGY1 Program Code: 74128  
NMS Code: 278813

Candidate

Email:  
[Br.Martinez@dhr-rgv.com](mailto:Br.Martinez@dhr-rgv.com)  
[a.ozuna@dhr-rgv.com](mailto:a.ozuna@dhr-rgv.com)  
[garza@dhr-rgv.com](mailto:garza@dhr-rgv.com)

Abu-Baker, Asim  
Verduzco Jr, Rene A  
Bazan, Daniela Z  
Nabare, Faber  
Alberto Matamoros  
Annette Ozuna, PharmD, CDE  
DHR Health Residency Program  
Coordinator and Clinical  
Pharmacist  
Gavino Garza, RPh

Michael E. DeBakey VA Medical Center - Zoom Meeting

You are now in a Breakout Room

Participants: Erik Wilts, Abu-Baker, Asim, Salli Roseberry, Ph.D., Brian Mitchell, Andrew Hutter, Waikei Lam, Waikei Lam, Waikei Lam

Texas Health System - Zoom Meeting

You are now in a Breakout Room

Participants: Keesha Basso, Heba Almasri, Heba Almasri, Cesar Munoz, Ana Couriel, Wan Sun Kim

Central Texas Medical Center - Zoom Meeting

Participants: Nabeela, Abu-Baker, Asim, Dr. Samir, Dr. Leah, Dr. Leah, Dr. Leah, Dr. Leah

# IMPORTANT DATES

## 2020-2021 REMAINING ROTATION DATES

APPE P4

Rotation	5	11/09/20 - 12/18/20
Rotation	6	01/04/21 - 02/12/21
Rotation	7	02/15/21 - 03/26/21
Rotation	8	03/29/21 - 05/07/21

## 2021-2022 ROTATION DATES

APPE P4

Rotation	1	05/24/21 - 07/02/21
Rotation	2	07/05/21 - 08/13/21
Rotation	3	08/16/21 - 09/24/21
Rotation	4	09/27/21 - 11/05/21
Rotation	5	11/08/21 - 12/17/21
Rotation	6	01/03/22 - 02/11/22
Rotation	7	02/14/22 - 03/25/22
Rotation	8	03/28/22 - 05/06/22

## IPPE SITE VISIT DAYS - SPRING 2021

Monday, January 4-	40-hour week
Friday, January 8	(Institutional Only)
Friday, January 15	Site Visit 1
Friday, January 22	Site Visit 2
Friday, January 29	Site Visit 3
Friday, February 5	Site Visit 4
Friday, February 12	Site Visit 5
Friday, February 19	Site Visit 6
Friday, February 26	Site Visit 7
Friday, March 5	Site Visit 8
Friday, March 12	Site Visit 9
Friday, March 19	*Spring Break
Friday, March 26	Site Visit 10
Friday, April 2	Site Visit 11
Friday, April 9	Site Visit 12
Friday, April 16	Site Visit 13
Friday, April 23	Final Reflection-*Make-up
Friday, April 30	*Make-up Day

## UPCOMING EVENTS

### CLASS OF 2024 VIRTUAL WHITE COAT CEREMONY

**SAVE THE DATE**

CLASS OF 2024 VIRTUAL WHITE COAT CEREMONY

DATE: SATURDAY, MARCH 27, 2021  
TIME: 10 A.M.

JOIN VIA ZOOM: [HTTPS://TAMU.ZOOM.US/J/93869339253](https://tam.u.zoom.us/j/93869339253)  
MEETING ID: 938 6933 9253



TEXAS A&M UNIVERSITY  
Irma Lerma Rangel  
College of Pharmacy

Howdy and Greetings Class of 2024!

On behalf of Dean Reddy and the Texas A&M Rangel College of Pharmacy, the Office of Experiential Education is pleased to announce the White Coat Ceremony for the Class of 2024. This virtual event will be held at 10:00 AM on Saturday, March 27, 2021. Please save the date and invite family and friends to share this momentous occasion.

*More details to come.*

# AWARDS

## FACULTY PRECEPTOR OF THE YEAR

The Faculty Preceptor of the Year Award is given to a faculty preceptor who has demonstrated high standards of professionalism, mentorship of students and clinical practice.



### 2020 Faculty Preceptor of the Year

Ladan Panahi, PharmD

Clinical Assistant Professor of Pharmacy Practice  
Round Rock, Texas

## PRECEPTOR OF THE YEAR

The Preceptor of the Year Award is selected by the students of the graduating class. It recognizes the preceptor who enthusiastically relates information to students, respects students, promotes their critical thinking, and inspires them in their abilities to achieve extraordinary accomplishments.



### 2020 Preceptor of the Year

Mike Brimberry, RPh, MBA

Director of Pharmacy at Encompass Health Rehabilitation Hospital  
Round Rock, Texas

## OUTSTANDING EARLY CAREER ALUMNI AWARD

The Outstanding Early Career Alumni Award is designed to honor graduates who are 15 years or less post-graduation. The awards seeks to recognize former students that have made significant contributions to their career, public service and/or volunteer activities, and possess the highest standard of integrity and character which bring honor to the Rangel College of Pharmacy.



### 2020 Outstanding Early Career Alumni Award

Ashley Fox, PharmD

Assistant Professor at the University of Oklahoma COP  
Oklahoma City, OK



TEXAS A&M UNIVERSITY  
Irma Lerma Rangel  
College of Pharmacy

[pharmacy.tamu.edu/experiential-education/index](http://pharmacy.tamu.edu/experiential-education/index)